



SBI CODE #19000 Whole Grain Super® PLUS

**51% Whole Grain
Fortified with Minerals,
Vitamins and Protein
3oz.**



Nutrition Facts

servings per container	
Serving size	(85g)
Amount per serving	
Calories	250
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 37g	13%
Dietary Fiber 2g	7%
Total Sugars 17g	
Includes 16g of Added Sugars	32%
Protein 6g	
Vitamin D 3mcg	15%
Calcium 233mg	20%
Iron 10mg	60%
Potassium 113mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Contains Bioengineered Food Ingredients.

INGREDIENTS: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, VEGETABLE SHORTENING (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: PALM OIL, PALM OIL AND SOYBEAN OIL WITH CITRIC ACID ADDED AS A PRESERVATIVE, INTERESTERIFIED SOYBEAN OIL), WHEAT PROTEIN, DEFATTED SOY FLOUR, DEXTROSE, SOYBEAN OIL, CALCIUM CARBONATE, MAGNESIUM PHOSPHATE, FERROUS SULFATE, NONFAT DRY MILK, SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, CORN STARCH, CINNAMON, DRY HONEY SOLIDS, SOY LECITHIN, SODIUM ALUMINUM PHOSPHATE, WHEY, SALT, VITAMIN C (ASCORBIC ACID), MONO- AND DIGLYCERIDES, GLUCONO DELTA-LACTONE, MODIFIED WHEAT STARCH, BUTTERMILK SOLIDS, CALCIUM PHOSPHATE, VITAMIN E (ALPHA TOCOPHERYL ACETATE), MODIFIED FOOD STARCH, CALCIUM CARBONATE, MALTODEXTRIN, AGAR, VITAMIN B3 (NIACINAMIDE), VITAMIN B5 (CALCIUM D PANTOTHENATE), VITAMIN D, VITAMIN A (PALMITATE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMINE MONONITRATE), FOLIC ACID, VITAMIN B12 (CYANOCOBALAMIN), EGGS. **CONTAINS: WHEAT, MILK, SOY, EGGS.**

PRODUCT CONTRIBUTION

- **GRAIN CREDIT: 2 oz GE** • **GRAMS OF FLOUR: 32g**
- **GRAMS OF WHOLE GRAIN: 16.3g** • **GRAMS OF ENRICHED: 15.7g**
- **PERCENT OF TOTAL GRAINS THAT ARE WHOLE GRAIN: 51%**
- **DOES THIS PRODUCT QUALIFY AS WHOLE GRAIN RICH: YES**

PRODUCT HIGHLIGHTS

- **2 oz. Grain Equivalent**
- **Fortified with Minerals, Vitamins and Protein**
- **Made in a Peanut / Tree nut Free Facility**
- **Menu or Ala Carte**

CASE SPECS

cs/ct	80
case dimensions	19.68" L x 15.75" W x 6.25" H
case cube	1.12
case weight	16 lbs
cases per pallet	60
TiHi	5 x 12 Order in layers of 5
shelf life	frozen: 485 days / ambient: 3 Days
12 digit upc	09146419000
14 digit upc	10091464190007

SUGGESTED BID SPEC

Whole Grain Super Plus / 19000 80 – 3oz Frozen individually wrapped preservative free Thaw and Serve Fortified Donuts. Must conform to USDA Child Nutrition Program specifications and meet 2oz grain equivalent. Student-preferred brand Super Bakery product #19000 made with NutriDough. Must meet 50% vitamins A, C, E, B6, folate, 45% riboflavin, 40% vitamin B12, thiamine, 7 grams protein. Must Meet 30% or less calories from fat, 10% or less calories from sat fat, 30% or less sugar by weight. Made in the USA, Peanut Free Product. Product analysis required. Kosher



Distributed by: Super Bakery Inc. Pittsburgh, PA 15237

©2025 Super Bakery Inc. All Rights Reserved • www.superbakery.com

UPDATED: JANUARY 2025

PRESIDENT, SUPER BAKERY, INC.