

Snacking with a Purpose!

Since 1990 Super Bakery® has been making **BETTER FOR YOU** bakery items. From our Original Super Donut® packed with Minerals, Vitamins and Protein (MVP Nutrition!®) to our new line of Gluten Free/Dairy Free snack bars made with 100% organic crisp brown rice, our products deliver value-added nutritional benefits and the great taste that informed consumers are looking for. **SNACK SUPER...WITH A PURPOSE!**

Reach for
**whole grain
goodness**

Call your
local Broker or
contact one of our
Sales Directors listed
on the back.





Quality Innovation Nutrition

The Leader in Bakery Nutrition![®]



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SPEC AND NUTRITION INFORMATION

SBI Item #	Description	Pkg. Size cs/ct	Cal.	Total Fat (g)	Total Carbs (g)	Sugars (g)	Fiber (g)	Protein (g)	Sodium (mg)	Kosher
26000	Super Bun [®]	3.0oz. 36	320	18	40	18	1	5	270	✓
26001	The Original Super Donut [®]	2.2oz. 40	210	10	27	12	1	5	250	✓
7010	Goody Man [®] Super Stik [®] Glazed Dunkin Stik	1.9oz. 100	170	4.5	29	14	2	3	180	✓
7012	Goody Man [®] Super Stik [®] Twin Pack Glazed Dunkin Stiks	3.2oz. 60	300	10	48	23	3	5	360	✓
7501	Super Slice [®] Super Banana [®] Bread	3.4oz. 75	260	8	45	24	2	5	240	✓
7507	Super Slice [®] Reduced Sugar Super Lemon [®] Bread	3.4oz. 75	230	8	44	15	2	5	250	✓
7786	Goody Man [®] Chocolate Enrobed 6 pack Mini Donuts	3.3oz. 72	320	16	42	19	3	5	310	
7787	Goody Man [®] Powdered Sugar 6 pack Mini Donuts	3oz. 72	270	11	41	19	2	4	290	
9077	Muffin Cup [®] Apple Cinnamon	3.2oz. 80	280	9	47	24	2	4	240	
9078	Muffin Cup [®] Banana Chocolate Chip	3.2oz. 80	280	10	47	25	2	4	230	
9300	Super Stars [®] Powdered Whole Grain Mini Donut Holes in a Cup	3oz. 60	280	12	42	21	2	4	230	✓
9301	Super Stars [®] Blueberry Glazed Whole Grain Mini Donut Holes in a Cup	3oz. 60	260	11	39	18	2	4	230	✓
9302	Super Stars [®] Chocolate Glazed Whole Grain Mini Donut Holes in a Cup	3oz. 60	280	11	39	18	2	4	230	✓
9432	Super Crispy [®] 100% Organic Brown Rice Marshmallow Square	1.6oz. 50	190	5	33	12	0	2	35	