



# Protein *to* power your day!

SBI CODE#	SBI PRODUCT TYPE	PROTEIN (g)	FIBER (g)	TOTAL CALORIES (g)	TOTAL SUGAR (g)	TOTAL SODIUM (mg)
6060	80 - 2.75 oz. (78g) Glazed Cinnamon GoodyBun®	4	3	250	11	330
6070	72 - 2.9 oz. (82g) Ultra® Baked Cinnamon Bun	5	3	250	16	290
7012	60 - 3.2 oz. (91g) Twin Pack Dunkin Super Stik®	5	3	300	23	360
7501	75 - 3.4 oz. (96g) Super Slice® Banana Bread	5	2	260	23	250
7502	75 - 3.4 oz. (96g) Super Slice® Zucchini Bread	5	2	270	24	260
7503	75 - 3.4 oz. (96g) Super Slice® Blueberry Bread	5	2	270	23	250
7505	75 - 3.4 oz. (96g) Super Slice® Pumpkin Bread	5	2	260	22	250
7506	75 - 3.4 oz. (96g) Super Slice® Cocoa® Bread	6	3	260	22	270
7507	75 - 3.4 oz. (96g) Super Slice® Lemon Bread	5	2	230	15	250
7671	128 - 2.0 oz. (57g) Ultra® 100% Whole Grain Hamburger Bun	6	4	140	3	220
7675	144 - 2.0 oz. (57g) Ultra® 100% Whole Grain Hot Dog Bun	6	3	130	3	280
7677	8 Loafs / 26 slices per loaf Ultra® 100% Whole Grain Pullman Loaf	4	2	80	1	160
7679	72 - 2.1 oz. (59g) Ultra® 51% Whole Grain Split Top Sub	7	2	160	4	280
7685	288- 1.2 oz. (34g) Ultra® 51% Whole Grain Sliced Slider	4	1	90	2	170
7786	72 - 3.2 oz. (85g) GoodyMan® Chocolate Covered Mini Donuts	5	3	320	19	310
7787	72 - 3.0 oz. (85g) GoodyMan® Powdered Mini Donuts	4	2	270	19	290
9077	80 - 3.2 oz. (91g) Apple Cinnamon Muffin Cup®	4	2	280	24	240
9300	60 - 3.0 oz. (85g) Super Stars® Powdered Mini Donut Holes	4	2	280	20	230
9301	60 - 3.0 oz. (85g) Super Stars® Glazed Blueberry Mini Donut Holes	4	2	270	21	220
9302	60 - 3.0 oz. (85g) Super Stars® Glazed Chocolate Mini Donut Holes	4	3	270	20	230
18350	80 - 1.9 oz. (54g) Whole Grain Super Donut® <i>Fortified with Minerals, Vitamins &amp; Protein!</i>	4	1	150	11	150
18400	80 - 2.5 oz. (71g) GoodyRing® Glazed Donut	4	2	240	8	300
18450	80 - 2.5 oz. (74g) Super Pull-a-Part™ Glazed Cluster	4	2	240	8	300
19000	80 - 3.0 oz. (85g) Whole Grain Super Plus® <i>Fortified with Minerals, Vitamins &amp; Protein!</i>	6	2	250	17	230
19100	80 - 3.0 oz. (85g) Goody Man Donut PLUS®	5	2	250	18	320
26000	36 - 3.0 oz. (85g) Super Bun® <i>Fortified with Minerals, Vitamins &amp; Protein!</i>	5	1	320	18	270
26001	40 - 2.2 oz. (62g) Original Super Donut® <i>Fortified with Minerals, Vitamins &amp; Protein!</i>	5	1	210	12	250

**"Small Serve, Big Energy: Protein in Every Bite"**

## FACTS

### GROWTH

Protein helps in the growth of tissues, muscles, bones, and organs. It supports overall physical development and ensures that kids grow to their full potential.

### ENERGY

While carbs and fats are the primary sources of energy, protein also provides energy when needed, especially for kids who are always on the move.

### BOOST

A serving with 5g of protein adds a meaningful nutritional boost without significantly increasing calorie intake, making it an efficient way to enhance the overall nutritional profile of your meal or snack.

### HEALTHY

Protein is also essential for maintaining a healthy metabolism, helping kids burn energy efficiently and maintain a balanced weight.



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one of our Super Directors!**