



FANTASTIC FUN FOODS[®]

SBI CODE #19100

GoodyMan[®] Donut Plus[®]

51% Whole Grain - 3oz.



Nutrition Facts

1 serving per container	
Serving size	(85g)
Amount per serving	
Calories	250
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	14%
Total Carbohydrate 40g	15%
Dietary Fiber 2g	7%
Total Sugars 18g	
Includes 17g of Added Sugars	34%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 33mg	2%
Iron 1mg	6%
Potassium 123mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Contains Bioengineered Food Ingredients.

INGREDIENTS: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, VEGETABLE OIL. (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: PALM OIL, PALM OIL AND SOYBEAN OIL WITH CITRIC ACID ADDED AS A PRESERVATIVE, INTERESTERIFIED SOYBEAN OIL), DEXTROSE, DEFATTED SOY FLOUR, NONFAT DRY MILK, SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, SALT, CINNAMON, PALM OIL, DRY HONEY SOLIDS, SOY LECITHIN, SODIUM ALUMINUM PHOSPHATE, CORN STARCH, MONO- AND DIGLYCERIDES, GLUCONO DELTA-LACTONE, MODIFIED WHEAT STARCH, CALCIUM CARBONATE, AGAR, EGGS. **CONTAINS: WHEAT, MILK, SOY, EGGS.**

PRODUCT CONTRIBUTION

- **GRAIN CREDIT: 2 oz GE** • **GRAMS OF FLOUR: 32g**
- **GRAMS OF WHOLE GRAIN: 16.3g** • **GRAMS OF ENRICHED: 15.7g**
- **PERCENT OF TOTAL GRAINS THAT ARE WHOLE GRAIN: 51%**
- **DOES THIS PRODUCT QUALIFY AS WHOLE GRAIN RICH: YES**

PRODUCT HIGHLIGHTS

- **2 oz. Grain Equivalent**
- **Made in a Peanut / Tree nut Free Facility**
- **5g of Protein and 2g of Fiber per Serving**

CASE SPECS

cs/ct	80
case dimensions	19.68" L x 15.75" W x 6.25" H
case cube	1.12
case weight	16 lbs
cases per pallet	60
TiHi	5 x 12 Order in layers of 5
shelf life	frozen: 485 days ambient: 5 days
12 digit upc	091464191007
14 digit upc	10091464191004

SUGGESTED

BID SPEC

GoodyMan Donut Plus code/19100 80 – 3oz Frozen individually wrapped preservative free Thaw and Serve, 51% Whole Grain Donuts. Must conform to USDA Child Nutrition Program specifications and meet 2oz grain equivalent. Student- preferred brand Super Bakery product #19100. Must meet 2% calcium, 6% iron, 5 grams protein. Made in the USA, Peanut Free Product. Product analysis required.

Kosher 



J. D. H.

Distributed by: Super Bakery Inc. Pittsburgh, PA 15237

©2025 Super Bakery Inc. All Rights Reserved • www.superbakery.com

UPDATED: FEBRUARY 2025

PRESIDENT, SUPER BAKERY, INC.